

Please replace the paragraph at the bottom of page 7, lined 33 to 36 with the following rewritten paragraph:

-- A suitable, alternative formulation for use herein includes, but is not limited to the fast dissolving methylcellulose tablets as described in Daggy et al., WO 99/09958, filed 8/21/98, now US Patent 6,350,469 or WO 99/09959, filed 8/21/98, now USSN 09/485,625 (allowed) whose disclosures are incorporated herein by reference in their entirety. --

**In the Claims:**

Please amend the following claims:

3 (2x amended). The method according to Claim 1, wherein the soluble fermentable fiber is psyllium.

6 (amended). The method according to Claim 2 wherein the cellulose ether is administered as bulk powder, a tablet, or suspension, which optionally contains sugar.

7 (amended). The method according to Claim 6 wherein the cellulose ether is administered in a rapidly disintegrating tablet.

8 (amended). The method according to Claim 1 wherein the effective amount is a total daily dosage of from about 0.4 gram to 30 grams day.

9 (amended). The method according to Claim 8 wherein the total daily dosage is from about 1 gram to 10 grams day.

12 (2x amended). The method according to Claim 10, wherein the soluble fermentable fiber is psyllium.

15 (amended). The method according to Claim 11 wherein the cellulose ether is administered as bulk powder, a tablet, or suspension, which optionally contains sugar.

16 (amended). The method according to Claim 15 wherein the cellulose ether is administered in a rapidly disintegrating tablet.

17 (amended). The method according to Claim 10 wherein the effective amount is a total daily dosage of from about 0.4 gram to 30 grams day.